



Websites and On-line Information

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Websites and On-line Information

- TAO-E website www.europe.tricare.osd.mil
 - Pull down menu (FS, Forms, etc)
 - Remote Site Office (SOS link)
 - TRACS (Membership cards)
- International SOS's website www.internationalsos.com/private/tricare/europe/
 - TGRO Sites
 - Searching Providers
- TRICARE4U www.TRICARE4U.com
- TRICARE Manuals On-line www.manuals.tricare.osd.mil



TRICARE Area Office - Europe

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TRICARE Europe

Your Passport to Quality Health



TRICARE Service
Centers (TSC)

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Information

Senior Enlisted
Liaison

Conferences

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Downloads

TRICARE
Dental Program

Dental Providers
Search

Links

Mental Health
Resource Info

MTF
Information

TRICARE As
You PCS

MTF Portal Updated

The TRICARE Area Office-Europe's MTF Portal has been updated, and includes links to policy guidance, marketing information, web applications and more. [Go to the MTF Portal](#).

New to the European Theater? Make sure you keep your dental insurance

Military Treatment Facilities in Europe do offer treatment to military family members on a space-available basis, but whether or not space is in fact available can vary over time and by location. Your best bet is to hold on to your [TRICARE Dental Program](#) insurance--which provides an even-better benefit in Europe than in the U.S.

Don't have TRICARE Dental Program insurance? [Find out how to get it](#).

Nurse Advice Line introduces single access number for Western Europe

TRICARE beneficiaries who need non-emergency medical advice outside of normal duty hours can now call TRICARE's [Nurse Advice Line](#) using a single access number from anywhere in Western Europe.

Just call **00800-4759-2330** to speak to a registered nurse, any time, day or night. [MORE](#)



Help
when you
need it

TRICARE Europe's
Nurse Advice Line
lets you talk
to a registered nurse
about your health care

International SOS



New - London TGRO Site

Home

Emergency Contacts

Primary Care Provider Search

Using Provider Search

Access to Network

FAQ

SOS Brochure for TRICARE Europe

Participating Countries

Medical Care

Dental Care

Coverage Exclusions

Customer Satisfaction Survey

TRICARE Area Office â€™ Europe

Contact SOS

Toll-free numbers

TRICARE Global Remote Overseas Health Care Program

Dear TRICARE Europe Prime Remote Enrollee:

The TRICARE Area Office â€™ Europe is pleased to announce the TRICARE Europe Remote Site Healthcare Program. This Program is specifically designed for our active duty service members and their family members permanently assigned to remote locations throughout TRICARE Europe.

Read this full version of the [Department of Defense letter](#) for important information regarding enrollment eligibility.

TRICARE has partnered with International SOS, the world's largest medical and security assistance company, to establish a network of quality healthcare providers in [select remote locations](#). Seeking healthcare from doctors within the network directs you to the best local care and ensures that you will not incur upfront, out-of-pocket expenses.

International SOS will also assist you with scheduling medical appointments, locating network primary and specialty care providers and medically monitoring your care. Additionally, if you have general healthcare inquiries or are seeking medical advice, you can speak with one of their doctors or nurses 24 hours a day, seven days a week. For more information [contact SOS](#).

As the Remote Site Prime Program matures, this network will be extended to all remote locations throughout U.S. Central Command and the U.S. European Command Areas of Responsibility (AOR). For more information, please [contact TAO-Europe](#).



TRICARE4U



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LOGIN

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REGISTER

as a beneficiary, sponsor
or provider of care.

[DCAO/BCAC](#)

[Registration](#) or
[Homepage](#)

In The Spotlight

TRICARE for Life has been
notified about an error with
Medicare's paper
remittance to providers...
[Read More](#)



*Welcome Home
to Tricare4u*

Get instant, reliable access
to **your** TRICARE.
*People you know,
Experience you trust.*

PROVIDERS



[Register as a Provider](#)
[Learn More](#)

[NPI - National Provider Identifier](#)

BENEFICIARIES/SPONSORS



[Register as a
Beneficiary/Sponsor](#)
[Registration Help PDF](#)

Important Notice For TFL Beneficiaries Only

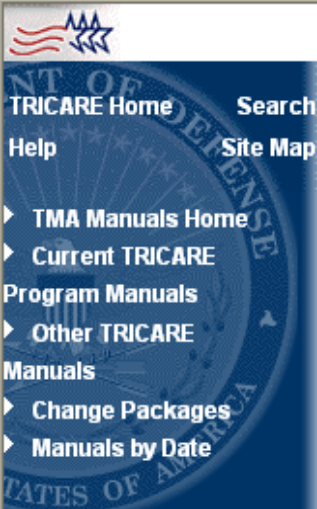
Beginning April 1, 2007, you will no longer be mailed a paper copy of your TRICARE for Life Explanation of Benefits if your Medicare patient liability has been paid and there is no further out-of-pocket payment due from you. In cases where you still have a liability you will receive an Explanation of Benefits.

Though you will no longer get a copy of your TRICARE for Life Explanation of Benefits in the mail when your Medicare patient liability has been paid, you can print a copy from the convenience of your own home. Starting March 7, 2007 you can sign up to receive an email when any of your claims process. This email service begins April 1, 2007 for those who sign up for this feature. This is a free service. When you receive a notification you will be able to access the TRICARE4u.com website and view and/or print a copy of your Explanation of Benefits. This is the same Explanation of Benefits you would have received through the mail. In addition, you may contact Customer Service toll free at 1-866-773-0404 to request a hardcopy Explanation of Benefits be mailed to you.

To receive this electronic notification, register on TRICARE4u.com. Registering is easy and only takes a few minutes. Simply log onto www.TRICARE4u.com and click on "Register as a Beneficiary/Sponsor". If you have questions about the

TRICARE4U.com is proud to be partnered with

TRICARE Manuals



TRICARE Manuals

NOTICE

This website requires a special Adobe Acrobat plug-in in order to view the manuals. [Click here](#) for more information and to download the TMA Manuals Adobe Acrobat/Reader plug-in.

TRICARE Manuals Online

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Current TRICARE Program Manuals

These manuals serve for contracts awarded on or after 05/01/2003 for the North, South, and West Regions along with TDEFIC, NQMC, CARS, Retail, and TMOP.

The MCS Manuals for contracts prior to 04/30/2004 are now superseded and can be found in the "Superseded" portion (indicated by a red banner) of each manuals' web page. Select the desired manual below, then proceed to the "Superseded" manual(s) that exist below the "Current" manual. For the ADP Manual, select the TSM Manual.

[TRICARE Operations Manual 6010.51-M, August 2002](#)

[TRICARE Policy Manual 6010.54-M, August 2002](#)

[TRICARE Reimbursement Manual 6010.55-M, August 2002](#)

[TRICARE Systems Manual 7950.1-M, August 2002](#)

Other TRICARE Manuals

Authority for the TRICARE Program is the 32 CFR 199. TMA is providing a version of Title 32 to the Code of Federal Regulations, Part 199 (32 CFR 199) as a convenience for the TMA community.

[32 CFR 199 \(TMA Version\), April 2005](#)